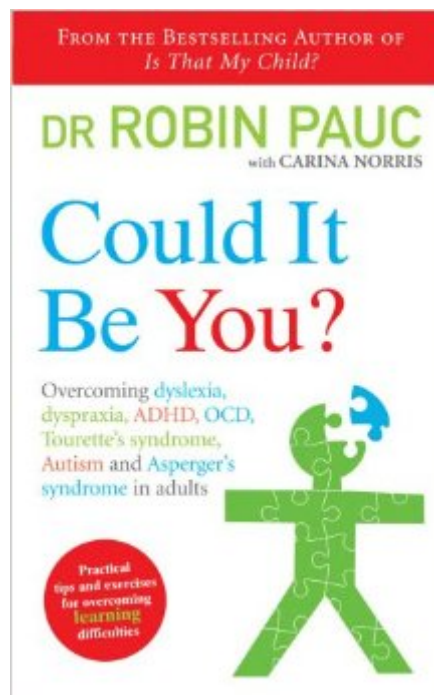


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# Could It Be You?: Overcoming Dyslexia, Dyspraxia, ADHD, OCD, Tourette's Syndrome, Autism And Asperger's Syndrome In Adults



## Synopsis

Following the massive success of his first book "Is That My Child?" - the groundbreaking guide to overcoming learning difficulties in children - Dr. Robin Pauc turns his attention to adults and provides a revolutionary new way of understanding and treating conditions from dyslexia and dyspraxia to ADHD and Tourette's Syndrome. With sound advice, dietary tips and brain exercises, Dr. Pauc explains the history of adult learning difficulties and provides a lifeline to those suffering from these conditions, including: the impact of learning difficulties on adults; the history and symptoms of learning difficulties; practical ways to treat Dyslexia, Dyspraxia, ADD/ADHD, OCD, Tourette's, autism and Asperger's syndrome; how diet can help adults with learning difficulties; and general and specific exercises to help.

## Book Information

Paperback: 208 pages

Publisher: Virgin Books (July 3, 2008)

Language: English

ISBN-10: 0753513390

ISBN-13: 978-0753513392

Product Dimensions: 5.3 x 0.7 x 8.5 inches

Shipping Weight: 8.5 ounces

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Best Sellers Rank: #3,497,526 in Books (See Top 100 in Books) #60 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome #4125 in Books > Medical Books > Psychology > Neuropsychology #4886 in Books > Health, Fitness & Dieting > Psychology & Counseling > Neuropsychology

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of Childhood  
ADHD: Stories Of Those With Attention Deficit Hyperactivity Disorder And How They Overcame It (Adhd Children, Adhd adult, Adhd parenting, Adhd without ... Adhd advantage, adhd effect on marriage)  
Asperger's: The Asperger Syndrome Revealed! The Ultimate Information Book (Asperger Disorder, Asperger Syndrome, Aspergers, AS, AD, ASD)  
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